

## Debra Thompson

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**From:** Michael Truex <mtruex@gmail.com>  
**Sent:** Monday, November 16, 2020 8:17 AM  
**To:** Assembly  
**Subject:** Mask mandate 2

History is the greatest teacher. As a biologist, I'm aware that this is the least deadly pandemic the world's population has seen in thousands of years. Less deadly, yes, but very well marketed. Marketing is a powerful tool, and the Medical industrial complex created by big pharma is very well versed.

That same Medical industrial complex marches us down the roads of mandatory mask wearing and subsequent vaccination. My health and freedoms are not their primary concern; they are a "for profit" industry. It is an important check on their powers that we as individuals maintain our medical freedoms, as no one cares about our own health more than *WE* do.

I care about my health *and* that of my community a lot, and I've noticed that my own immune system is the tool I will rely on most if I do get coronavirus, or any other illness. The very capable human immune system is the reason that, so far, no case of covid-19 has been hospitalized here in Petersburg. The quicker we beat the illness, the less likely we are to spread it to others, and thus we have a personal responsibility towards our own health.

Masks inhibit respiration. Period. No one would deny that and it's been scientifically proven. The body needs oxygen to function. It also needs to expel Carbon dioxide. As partial pressure of oxygen in the blood goes down, and carbon dioxide rises, we see a number of well documented physiological effects. To name a few- increased cardiac load, decreased cognition and motor execution, and most importantly, decreased immune motility. The net results of these effects include lethargy and fatigue, increased susceptibility to infection, and even an increase in anxiety and depression.

These effects undeniably create a real and present danger for those wearing masks. Older and less healthy individuals would see more pronounced effects.

The other half of the question- Do masks really help reduce the spread of covid? Not necessarily.

In a 2016 metastudy(an analysis of available scientific papers), The medical research entity Cochrane found almost no difference in infection rates with or without masks in the surgical theater. After a thorough and thoughtful analysis, researchers and professors Lisa M Brosseau, ScD and Margaret Sietsema PHD, published an article titled "masks for all for covid-19 not based on sound data." This article was published by the **Center for infectious disease research and policy** and is well written and researched. They've since been accosted by many demanding the article be removed, but they stand by it's truths in the face of that pressure.

Meanwhile, with regards to the much touted hong kong study which demonstrated mask efficacy, a little reading shows the study was performed on hamsters isolated from each other. Sick hamsters on one side of the glass, healthy hamsters on the other side, with a hole in the glass. As it turns out, taping a mask over that hole decreased the rate of disease transmission. Did you ever *tape* your mask on? That totally unrealistic study is *THE* study the media turns to over and over? Wow.

The psychological ramifications of forcing our school age children to mask at this developmental stage of life will be profound. We're making them afraid of each other, and faceless. This is a grave injustice that will be with them for their lifetimes.

Please, take away from this statement one fact. From my perspective, You're mandating that I cause real and profound harm to my community and loved ones. Also from my perspective, you are beyond the bounds of your authority to ask me to do that. These are the people that I LOVE.

Thank you for reading,  
Michael Truex



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